

Basic Life Support

Practical Skills Examination Sheets



Basic Life Support Practical Skills Examination Sheets “Updates”

Included on this page are the changes or updates that have been made to the BLS Practical Skills Examination Sheets. Any time the Bureau of EMS makes a change to the skills sheets we will update this page. The date at the bottom of each skills sheet will also be updated with the date of the most recent change.

Date of Change	Station #	Changes Made
10/18/2001	3	<i>Critical Failure</i> - “Candidate initiated first shock within 90 seconds of arrival”. This was changed from the previous “1 minute of arrival”.
03/19/2002	CFR	<i>All CFR Stations</i> – All Certified First Responder stations have been revamped to meet the new NYS CFR Course Curriculum. EMT skills sheets are not to be used for CFR exams as of August 15 th , 2002.
09/27/2002	6B	Corrected 5 minute time limit to 10 minute time limit.

PATIENT ASSESSMENT/MANAGEMENT TRAUMA

INSTRUCTIONS TO THE CANDIDATE

This station is designed to test your ability to perform a patient assessment of a victim of multi-systems trauma and “voice” treat all conditions and injuries discovered. You must conduct your assessment as you would in the field including communicating with your patient. You may remove the patient’s clothing down to shorts or swimsuit if you feel it is necessary. As you conduct your assessment, you should verbalize everything you are assessing. Clinical information not obtainable by visual or physical inspection will be given to you after you demonstrate how you would normally gain that information. You may assume that you have two EMTs working with you and that they are correctly carrying out the verbal treatments you indicate. You have 15 minutes to complete this skill station. Do you have any questions?

NOTES

STATION

1

PATIENT ASSESSMENT
MANAGEMENT –
TRAUMA

Pass _____
Fail _____

Candidate _____
Examiner _____ Initials _____
Date _____ Start Time _____ Stop Time _____

Please print.

		Points:	Possible	Awarded	Comments
SCENE SIZE-UP	Takes, or verbalizes, body substance isolation precautions		C		
	Determines the scene is safe		C		
	Determines the mechanism of injury / nature of illness		1		
	Considers stabilization of spine		C		
INITIAL ASSESSMENT	Verbalizes general impression of the patient		1		
	Determines responsiveness/level of consciousness (AVPU)		1		
	Determines chief complaint/apparent life threats		1		
	Airway and breathing	Assesses and maintains airway	C		
		Initiates appropriate oxygen therapy	C		
		Assures adequate ventilation	C		
		Manages life threats to airway/breathing	C		
	Circulation	Assesses/controls major bleeding	C		
		Assesses pulse	C		
		Assesses skin (color, temperature and condition)	C		
	Assesses airway, breathing & circulation prior to detailed physical exam		C		
	Identifies priority patients/makes transport decision		C		
FOCUSED HISTORY/ PHYSICAL EXAM/ RAPID ASSESSMENT	Selects appropriate assessment (focused or rapid assessment)		1		
	Obtains, baseline vital signs	Pulse Determines rate & quality (+/- 10)	C		
		Respirations Determines rate & quality (+/- 4)	C		
		Blood Pressure systolic & diastolic (+/- 10)	C		
	Obtains S.A.M.P.L.E. history		1		
DETAILED PHYSICAL EXAMINATION	Assesses the head	Inspects and palpates the scalp and ears	1		
		Assesses the eyes	1		
		Assesses the facial area including oral and nasal areas	1		
	Assesses the neck	Inspects and palpates the neck	1		
		Assesses for JVD	1		
		Assesses for tracheal deviation	1		
	Assesses the chest	Inspects	1		
		Palpates	1		
		Auscultates	1		
	Assesses the abdomen/pelvis	Assesses the abdomen	1		
		Assesses the pelvis	1		
		Verbalizes assessment of genitalia/perineum as needed	1		
	Assesses the extremities	Inspects & palpates all 4 extremities (1 pt. ea.)	4		
		Check motor, sensory, distal circulation (1 pt. ea.)	4		
	Assesses the posterior	Assesses thorax	1		
		Assesses lumbar	1		
	Manages secondary injuries & wounds appropriately		1		
	Ongoing Assessment (verbalized)	Repeats initial assessment	1		
		Repeats vital signs	1		
		Repeats focused assessment	1		
	Candidate completed station within 15 minute time limit.		C		

Note: Candidate must complete all critical criteria and receive at least 23 points to pass this station.

Total to pass 23 Total 32

COMMENTS:

PATIENT ASSESSMENT/MANAGEMENT MEDICAL

INSTRUCTIONS TO THE CANDIDATE

This station is designed to test your ability to perform a patient assessment of a patient with a chief complaint of a medical nature and “voice” treat all conditions discovered. You must conduct your assessment as you would in the field including communicating with your patient. You may remove the patient’s clothing down to shorts or swimsuit if you feel it is necessary. As you conduct your assessment, you should verbalize everything you are assessing. Clinical information not obtainable by visual or physical inspection will be given to you after you demonstrate how you would normally gain that information. You may assume that you have two EMTs working with you and that they are correctly carrying out the verbal treatments you indicate. You have 15 minutes to complete this skill station. Do you have any questions?

NOTES

Please print.

STATION	PATIENT ASSESSMENT MANAGEMENT – MEDICAL	Pass _____ Fail _____	Candidate _____ Examiner _____ Initials _____ Date _____ Start Time _____ Stop Time _____
2			

										Points:	Possible	Awarded	Comments
SCENE SIZE-UP	Takes, or verbalizes, body substance isolation precautions										C		
	Determines the scene is safe										C		
	Determines the mechanism of injury/nature of illness										1		
	Considers stabilization of spine if indicated										1		
ASSESSMENT	Verbalizes general impression of the patient										1		
	Determines responsiveness/level of consciousness (AVPU)										1		
	Determines chief complaint/apparent life threats										1		
	Airway and breathing		Assesses and maintains airway								C		
			Initiates appropriate oxygen therapy								C		
			Assures adequate ventilation								C		
	Circulation		Assesses/controls major bleeding								C		
			Assesses pulse								C		
			Assesses skin (color, temperature and condition)								C		
			Assesses airway breathing & circulation prior to focused history/physical exam								C		
INITIAL	Identifies priority patients/makes transport decision										C		
	Assesses history of present illness-ask required number of questions										C		
PHYSICAL AND HISTORY	<div>Respiratory <input type="checkbox"/> Onset? <input type="checkbox"/> Provokes? <input type="checkbox"/> Quality? <input type="checkbox"/> Radiates? <input type="checkbox"/> Severity? <input type="checkbox"/> Time? <input type="checkbox"/> Interventions? (5)</div> <div>Cardiac <input type="checkbox"/> Onset? <input type="checkbox"/> Provokes? <input type="checkbox"/> Quality? <input type="checkbox"/> Radiates? <input type="checkbox"/> Severity? <input type="checkbox"/> Time? <input type="checkbox"/> Interventions? (5)</div> <div>Altered Mental Status <input type="checkbox"/> Description of the episode. <input type="checkbox"/> Onset? <input type="checkbox"/> Duration? <input type="checkbox"/> Associated Symptoms? <input type="checkbox"/> Evidence of Trauma? <input type="checkbox"/> Interventions? <input type="checkbox"/> Seizures? <input type="checkbox"/> Fever? (6)</div> <div>Allergic Reaction <input type="checkbox"/> History of allergies? <input type="checkbox"/> What were you exposed to? <input type="checkbox"/> How were you exposed? <input type="checkbox"/> Effects? <input type="checkbox"/> Progression? <input type="checkbox"/> Interventions? (4)</div> <div>Poisoning /Overdose <input type="checkbox"/> Substance? <input type="checkbox"/> When did you ingest/become exposed? <input type="checkbox"/> How much did you ingest? <input type="checkbox"/> Over what time period? <input type="checkbox"/> Interventions? <input type="checkbox"/> Estimated Weight? (5)</div> <div>Environmental Emergency <input type="checkbox"/> Source? <input type="checkbox"/> Environment? <input type="checkbox"/> Duration? <input type="checkbox"/> Loss of consciousness? <input type="checkbox"/> Effects of general or local? (4)</div> <div>Obstetrics <input type="checkbox"/> Are you pregnant? <input type="checkbox"/> How long have you been pregnant? <input type="checkbox"/> Pain or contractions? <input type="checkbox"/> Bleeding or discharge? <input type="checkbox"/> Has water broken? <input type="checkbox"/> Do you feel the need to push? <input type="checkbox"/> Last menstrual period? (5)</div> <div>Behavioral <input type="checkbox"/> How do you feel? <input type="checkbox"/> Determine suicidal tendencies. <input type="checkbox"/> Is the patient a threat to self or others? <input type="checkbox"/> Is there a medical problem? <input type="checkbox"/> Interventions? (4)</div>												
	Signs / symptoms										1		
	Allergies										1		
	Medications										1		
	Past pertinent history										1		
	Last oral intake										1		
	Event leading to present illness (rule out trauma)										1		
	Performs focused physical exam. (consistent with scenario)										1		
	Vitals (obtains baseline vital signs)												
	Pulse		Determines Rate and Quality (+/- 10)								C		
	Respirations		Determines Rate and Quality (+/- 4)								C		
	Blood Pressure		Determines Systolic & Diastolic (+/- 10)								C		
FOCUSED	TREATMENTS/INTERVENTIONS (Consistent with New York State and Regional Protocols)										1		
	Did not administer a dangerous or inappropriate intervention										C		
	Transport (re-evaluates the transport decision)										1		
	Verbalizes the consideration of completing a detailed physical examination										1		
	ONGOING ASSESSMENT (verbalized)												
	Repeats initial assessment										1		
	Repeats vital signs										1		
	Repeats focused assessment regarding patient complaint or injuries										1		
	Candidate completed station within the 15 minute time limit										C		

Note: Candidate must complete all critical criteria and receive at least 13 points to pass this station.

Total to pass 13 Total 18

CARDIAC ARREST MANAGEMENT

INSTRUCTIONS TO THE CANDIDATE

This station is designed to test your ability to manage a prehospital cardiac arrest by integrating CPR skills, defibrillation, airway adjuncts and patient/scene management skills. There will be an EMT assistant in this station. The EMT assistant will only do as you instruct. As you arrive on the scene, you will encounter a patient in cardiac arrest. A first responder will be present performing single rescuer CPR. You must immediately establish control of the scene and begin resuscitation of the patient with an automated external defibrillator. At the appropriate time, the patient's airway must be controlled and you must ventilate or direct the ventilation of the patient using adjunctive equipment. You may use any of the supplies available in this room. You have 15 minutes to complete this skill station. Do you have any questions?

NOTES

Please print.

STATION
3

**CARDIAC ARREST
MANAGEMENT
AED**

Pass _____
Fail _____

Candidate _____
Examiner _____ Initials _____
Date _____ Start Time _____ Stop Time _____

	Points:	Possible	Awarded	Comments
ASSESSMENT	Takes, or verbalizes, body substance isolation precautions	C		
	Briefly questions the rescuer about arrest events	1		
	Directs rescuer to stop CPR	1		
	Verifies absence of spontaneous pulse (skill station examiner states "no pulse")	C		
	Directs resumption of CPR	1		
	Turns on defibrillator power	1		
	Attaches automated defibrillator to the patient	1		
	Directs rescuer to stop CPR	1		
	Ensures all individuals are clear of the patient	1		
	Initiates analysis of the rhythm	1		
	Delivers shock (up to three successive shocks)	C		
	Verifies absence of spontaneous pulse (skill station examiner states "no pulse")	1		
	TRANSITION			
INTEGRATION	Directs resumption of CPR	1		
	Gathers additional information about arrest event	1		
	Verifies effectiveness of CPR (ventilation and compression)	1		
	Verbalizes insertion of a simple airway adjunct (oral/nasal airway)	1		
	Ventilates the patient	1		
	Assures high concentration of oxygen is delivered to the patient	1		
	CPR continues without unnecessary/prolonged interruption	1		
	Re-evaluates patient in approximately one minute	1		
	Candidate verbalizes defibrillation sequence protocol	1		
	TRANSPORTATION			
	Verbalizes transportation of patient	1		
	Candidate initiated first shock within 90 seconds of arrival	C		
	Assured all individuals were clear of patient before delivering each shock	C		
	Directed initiation/resumption of ventilation/compressions at appropriate times	C		
	Candidate completed station within the 15 minute time limit	C		

Note: Candidate must complete all critical criteria and receive at least 13 points to pass this station.

Total to pass 13 Total 19

COMMENTS:

BAG-VALVE-MASK APNEIC WITH PULSE

INSTRUCTIONS TO THE CANDIDATE

This station is designed to test your ability to ventilate a patient using a bag-valve-mask. As you enter the station you will find an apneic patient with a palpable central pulse. There are no bystanders and artificial ventilation has not been initiated. The only patient management required is airway management and ventilatory support. You must initially ventilate the patient for a minimum of 30 seconds. You will be evaluated on the appropriateness of ventilatory volumes. I will then inform you that a second rescuer has arrived and will instruct you that you must control the airway and the mask seal while the second rescuer provides ventilation. You may use only the equipment available in this room. You have five minutes to complete this station. Do you have any questions?

NOTES

Please print.

STATION

4

BAG-VALVE-MASK

APNEIC

PATIENT

Pass _____

Fail _____

Candidate _____

Examiner _____ Initials _____

Date _____ Start Time _____ Stop Time _____

	Points:	Possible	Awarded	Comments
Takes, or verbalizes, body substance isolation precautions		C		
Opens the airway		1		
Inserts an airway adjunct.		1		
Selects appropriately sized mask		1		
Creates a proper mask-to-face seal		1		
Ventilates patient at a minimum of 700 ml and no more than 1000 ml volume (The examiner must witness for at least 30 seconds)		C		
Candidate ventilated patient prior to connecting supplemental oxygen		C		
Connects reservoir and oxygen		1		
Adjusts liter flow to 15 liters/minute or greater		C		
The examiner indicates arrival of a second EMT				
The second EMT is instructed to ventilate the patient while the candidate controls the mask and the airway		1		
Reopens the airway		1		
Creates a proper mask-to-face seal		1		
Instructs assistant to resume ventilation at proper volume per breath (400 - 600 ml per breath) (The examiner must witness for at least 30 seconds)		1		
Did not interrupt ventilation for more than 20 seconds		C		
Allows for adequate exhalation		C		
Candidate must complete the station within the 5 minute time limit		C		

Note: Candidate must complete all critical criteria and receive at least 6 points to pass this station.

Total to pass 6 Total 9

COMMENTS:

SPINAL IMMOBILIZATION SKILLS SEATED PATIENT

INSTRUCTIONS TO THE CANDIDATE

This station is designed to test your ability to provide spinal immobilization on a patient using a short spine immobilization device. You and an EMT assistant arrive on the scene of an automobile crash. The scene is safe and there is only one patient. The assistant EMT has completed the initial assessment and no critical condition requiring intervention was found. For the purpose of this station, the patient's vital signs remain stable. You are required to treat the specific, isolated problem of an unstable spine using a short spine immobilization device. You are responsible for the direction and subsequent actions of the EMT assistant. Transferring and immobilizing the patient to the long backboard should be accomplished verbally. You have 10 minutes to complete this skill station. Do you have any questions?

NOTES

Please print.



SPINAL
IMMOBILIZATION
SEATED PATIENT

Pass _____
Fail _____

Candidate _____
Examiner _____ Initials _____
Date _____ Start Time _____ Stop Time _____

	Points:	Possible	Awarded	Comments
Takes, or verbalizes, body substance isolation precautions	C			
Directs assistant to place and maintain head in the neutral in-line position	C			
Reassesses motor, sensory and circulatory function in each extremity	1			
Applies appropriately sized extrication collar	1			
Positions the immobilization device behind the patient	1			
Secures the device to the patient's torso	1			
Evaluates torso fixation and adjusts as necessary	1			
Evaluates and pads behind the patient's head as necessary	1			
Secures the patient's head to the device	1			
Verbalizes moving the patient to a long board	1			
Reassesses motor, sensory and circulatory function in each extremity	C			
Did not release or order release of manual immobilization before it was maintained mechanically	C			
Patient was not manipulated or moved excessively, to cause potential spinal compromise	C			
Did not move device excessively up, down, left, right on the patient's torso	C			
Head immobilization does not allow for excessive movement	C			
Torso fixation does not inhibit chest rise, resulting in respiratory compromise	C			
Upon completion of immobilization, head is in the neutral position	C			
Immobilized the torso before the head	C			
Candidate completed station within 10 minute time limit	C			

Note: Candidate must complete all critical criteria and receive at least 6 points to pass this station.

Total to pass 6 Total 8

COMMENTS:

SPINAL IMMOBILIZATION- SUPINE PATIENT

INSTRUCTIONS TO THE CANDIDATE

This station is designed to test your ability to provide spinal immobilization on a patient using a long spine immobilization device. You arrive on the scene with an EMT assistant. The assistant EMT has completed the scene size-up as well as the initial assessment and no critical condition was found which would require intervention. For the purpose of this testing station, the patient's vital signs remain stable. You are required to treat the specific problem of an unstable spine using a long spine immobilization device. When moving the patient to the device, you should use the help of the assistant EMT and the evaluator. The assistant EMT should control the head and cervical spine of the patient while you and the evaluator move the patient to the immobilization device. You are responsible for the direction and subsequent action of the EMT assistant. You may use any equipment available in this room. You have 10 minutes to complete this skill station. Do you have any questions?

NOTES

Please print.



SPINAL
IMMOBILIZATION
SUPINE PATIENT

Pass _____
Fail _____

Candidate _____

Examiner _____ Initials _____

Date _____ Start Time _____ Stop Time _____

	Points:	Possible	Awarded	Comments
Takes, or verbalizes, body substance isolation precautions	C			
Directs assistant to place and maintain head in the neutral in-line position	C			
Reassesses motor, sensory and circulatory function in each extremity	1			
Applies appropriately sized extrication collar	1			
Positions the immobilization device appropriately	1			
Directs movement of the patient onto the device without compromising the integrity of the spine	C			
Applies padding to voids between the torso and the board as necessary	1			
Secures the patient's torso to the device	1			
Secures the patient's legs to the device	1			
Secures the patient's head to the device	1			
Secures the patient's arms	1			
Reassesses motor, sensory and circulatory function in each extremity	C			
Did not release or order release of manual immobilization before it was maintained mechanically	C			
Patient was not manipulated or moved excessively, to cause potential spinal compromise	C			
Did not move device excessively up, down, left, right on the patient's torso	C			
Head immobilization does not allow for excessive movement	C			
Upon completion of immobilization, head is in the neutral position	C			
Immobilized the torso before the head	C			
Candidate completed station within 10 minute time limit.	C			

Note: Candidate must complete all critical criteria and receive at least 6 points to pass this station.

Total to pass 6 Total 8

COMMENTS:

IMMOBILIZATION SKILLS – LONG BONE

INSTRUCTIONS TO THE CANDIDATE

This station is designed to test your ability to properly immobilize a closed, non-angulated long bone injury. You are required to treat only the specific, isolated injury to the extremity. The scene size-up and initial assessment have been completed and during the focused assessment a closed, non-angulated injury of the _____ (radius, ulna, tibia, fibula) was detected. Ongoing assessment of the patient's airway, breathing and central circulation is not necessary. You may use any equipment available in this room. You have 10 minutes to complete this skill station. Do you have any questions?

NOTES

Please print.

STATION

6A

IMMOBILIZATION
SKILLS
LONG BONE INJURY

Pass _____

Fail _____

Candidate _____

Examiner _____ Initials _____

Date _____ Start Time _____ Stop Time _____

	Points:	Possible	Awarded	Comments
Takes, or verbalizes, body substance isolation precautions		C		
Directs application of manual stabilization of the injury		1		
Assesses motor, sensory and circulatory function in the injured extremity		C		
Note: The examiner acknowledges "motor, sensory and circulatory function are present and normal"				
Measures the splint		1		
Applies the splint		1		
Immobilizes the joint above the injury site		C		
Immobilizes the joint below the injury site		C		
Secures the entire injured extremity		1		
Immobilizes the hand/foot in the position of function		1		
Reassesses motor, sensory and circulatory function in the injured extremity		C		
Note: The examiner acknowledges "motor, sensory and circulatory function are present and normal"				
Candidate did not grossly move the injured extremity		C		
Candidate must complete station within 10 minute time limit		C		

Note: Candidate must complete all critical criteria and receive at least 4 points to pass this station.

Total to pass 4 Total 5

COMMENTS:

IMMOBILIZATION SKILLS – JOINT INJURY

INSTRUCTIONS TO THE CANDIDATE

This station is designed to test your ability to properly immobilize a non-complicated shoulder injury. You are required to treat only the specific, isolated injury to the shoulder. The scene size-up and initial assessment have been accomplished on the victim and during the focused assessment a shoulder injury was detected. Ongoing assessment of the patient's airway, breathing and central circulation is not necessary. You may use any equipment available in this room. You have 10 minutes to complete this skill station. Do you have any questions?

NOTES

STATION

6B

IMMOBILIZATION
SKILLS
JOINT INJURY

Pass _____

Fail _____

Candidate _____

Examiner _____ Initials _____

Date _____ Start Time _____ Stop Time _____

Please print.

	Points:	Possible	Awarded	Comments
Takes, or verbalizes, body substance isolation precautions	C			
Directs application of manual stabilization of the shoulder injury	1			
Assesses motor, sensory and circulatory function in the injured extremity	C			
Note: The examiner acknowledges "motor, sensory and circulatory function are present and normal"				
Selects the proper splinting material	1			
Immobilizes the site of the injury	1			
Immobilizes the bone above the injured joint	C			
Immobilizes the bone below the injured joint	C			
Reassesses motor, sensory and circulatory function in the injured extremity	C			
Note: The examiner acknowledges "motor, sensory and circulatory function are present and normal"				
Joint is supported so that the joint does not bear distal weight	C			
Candidate completed station within the 10 minute time limit	C			

Note: Candidate must complete all critical criteria and receive at least 2 points to pass this station.

Total to pass 2

Total 3

COMMENTS:

IMMOBILIZATION SKILLS – TRACTION SPLINTING

INSTRUCTIONS TO THE CANDIDATE

This station is designed to test your ability to properly immobilize a mid-shaft femur injury with a traction splint. You will have an EMT assistant to help you in the application of the device by applying manual traction when directed to do so. You are required to treat only the specific, isolated injury to the femur. The scene size-up and initial assessment have been accomplished on the victim and during the focused assessment a mid-shaft femur deformity was detected. Ongoing assessment of the patient's airway, breathing and central circulation is not necessary. You may use any equipment available in this room. You have 10 minutes to complete this skill station. Do you have any questions?

NOTES

Please print.



IMMOBILIZATION
SKILLS
TRACTION SPLINTING

Pass _____
Fail _____

Candidate _____
Examiner _____ Initials _____
Date _____ Start Time _____ Stop Time _____

	Points:	Possible	Awarded	Comments
Takes, or verbalizes, body substance isolation precautions		C		
Directs application of manual stabilization of the injured leg		1		
Candidate assesses motor, sensory and circulatory function in the injured extremity		C		
Note: The examiner acknowledges "motor, sensory and circulatory function are present and normal"				
Directs the application of manual traction		1		
Prepares/adjusts splint to the proper length		1		
Applies the splint to the injured leg		1		
Applies the proximal security device (e.g....ischial strap)		1		
Applies the distal securing device (e.g....ankle hitch)		1		
Applies mechanical traction		1		
Positions/secures the support straps		1		
Re-evaluates the proximal/distal security devices		1		
Candidate reassesses motor, sensory and circulatory function in the injured extremity		C		
Note: The examiner acknowledges "motor, sensory and circulatory function are present and normal"				
Note: The examiner must ask the candidate how he/she would prepare the patient for transportation				
Verbalizes securing the torso to the long board to immobilize the hip		1		
Verbalizes securing the splint to the long board to prevent movement of the splint		1		
Traction is maintained throughout application of splint		C		
The foot was not excessively rotated or extended after the splint was applied		C		
Secured the ischial strap before applying mechanical traction		C		
Final immobilization supported the femur and prevented rotation of the injured leg		C		
Applied mechanical traction before securing the leg to the splint		C		
Candidate completed the station within the 10 minute time limit		C		

Note: If the Sagar splint or the Kendricks Traction Device is used without elevating the patient's leg, application of manual traction is not necessary. The candidate should be awarded one point as if manual traction were applied.

Note: If the leg is elevated at all, manual traction must be applied before elevating the leg. The ankle hitch may be applied before elevating the leg and used to provide manual traction.

Note: Candidate must complete all critical criteria and receive at least 7 points to pass this station.

Total to pass 7 Total 11

COMMENTS:

BLEEDING CONTROL/SHOCK MANAGEMENT

INSTRUCTIONS TO THE CANDIDATE

This station is designed to test your ability to control hemorrhage. This is a scenario-based testing station. As you progress through the scenario, you will be given various signs and symptoms appropriate for the patient's condition. You will be required to manage the patient based on these signs and symptoms. A scenario will be read aloud to you and you will be given an opportunity to ask clarifying questions about the scenario, however, you will not receive answers to any questions about the actual steps of the procedures to be performed. You may use any of the supplies and equipment available in this room. You have five minutes to complete this skill station. Do you have any questions?

NOTES

Please print.



**BLEEDING CONTROL/
SHOCK
MANAGEMENT**

Pass _____
Fail _____

Candidate _____
Examiner _____ Initials _____
Date _____ Start Time _____ Stop Time _____

	Points:	Possible	Awarded	Comments
Takes, or verbalizes, body substance isolation precautions	C			
Applies direct pressure to the wound	1			
Elevates the extremity	1			
Note: The examiner must now inform the candidate that the wound continues to bleed				
Applies an additional dressing to the wound	1			
Note: The examiner must now inform the candidate that the wound still continues to bleed. The second dressing does not control the bleeding.				
Locates and applies pressure to appropriate arterial pressure point	1			
Note: The examiner must now inform the candidate that the bleeding is controlled				
Bandages the wound	1			
Candidate controlled hemorrhage appropriately	C			
Note: The examiner must now inform the candidate the patient is now showing signs and symptoms indicative of hypoperfusion				
Properly positions the patient	1			
Applies high concentration oxygen	C			
Initiates steps to prevent heat loss from the patient	1			
Indicates the need for immediate transportation	C			
Candidate did not apply a tourniquet before attempting other methods of bleeding control	C			
Candidate completed the station within the 5 minute time limit	C			

Note: Candidate must complete all critical criteria and receive at least 5 points to pass this station.

Total to pass 5 Total 7

COMMENTS:

UPPER AIRWAY ADJUNCTS AND SUCTION

INSTRUCTIONS TO THE CANDIDATE

This station is designed to test your ability to properly measure, insert and remove an oropharyngeal and nasopharyngeal airway as well as suction a patient's upper airway. This is an isolated skills test comprised of three separate skills. You may use any equipment available in this room. You have five minutes to complete this station. Do you have any questions?

NOTES

Please print.

STATION

6E

UPPER AIRWAY
ADJUNCTS
& SUCTION

Pass _____
Fail _____

Candidate _____
Examiner _____ Initials _____
Date _____ Start Time _____ Stop Time _____

Points: Possible Awarded
OROPHARYNGEAL AIRWAY

	Points:	Possible	Awarded	Comments
Takes, or verbalizes, body substance isolation precautions	C			
Selects appropriately sized airway	1			
Measures airway	1			
Inserts airway without pushing the tongue posteriorly	1			
Note: The examiner must advise the candidate that the patient is gagging and becoming conscious				
Removes the oropharyngeal airway	1			

SUCTION

Note: The examiner must advise the candidate to suction the patient's airway				
Turns on/prepares suction device	1			
Assures presence of mechanical suction	1			
Inserts the suction tip without suction	1			
Applies suction to the oropharynx/nasopharynx	1			
Candidate demonstrated acceptable suction technique	C			

NASOPHARYNGEAL AIRWAY

Note: The examiner must advise the candidate to insert a nasopharyngeal airway				
Selects appropriately sized airway	1			
Measures airway	1			
Verbalizes lubrication of the nasal airway	1			
Fully inserts the airway with the bevel facing toward the septum	1			
Candidate did not insert any adjunct in a manner dangerous to the patient	C			
Candidate completed the station within the 5 minute time limit	C			

Note: Candidate must complete all critical criteria and receive at least 8 points to pass this station.

Total to pass 8 Total 12

COMMENTS:

MOUTH-TO-MASK WITH SUPPLEMENTAL OXYGEN

INSTRUCTIONS TO THE CANDIDATE

This station is designed to test your ability to ventilate a patient with supplemental oxygen using a mouth-to-mask technique. This is an isolated skills test. You may assume that mouth-to-barrier device ventilation is in progress and that the patient has a central pulse. The only patient management required is ventilator support using a mouth-to-mask technique with supplemental oxygen. You must ventilate the patient for at least 30 seconds. You will be evaluated on the appropriateness of ventilatory volumes. You may use any equipment available in this room. You have five minutes to complete this station. Do you have any questions?

NOTES

Please print.



**MOUTH-TO-MASK
WITH SUPPLEMENTAL
OXYGEN**

Pass _____
Fail _____

Candidate _____

Examiner _____ Initials _____

Date _____ Start Time _____ Stop Time _____

	Points:	Possible	Awarded	Comments
Takes, or verbalizes, body substance isolation precautions	C			
Connects one-way valve to mask	1			
Opens patient's airway or confirms patient's airway is open (manually or with adjunct)	1			
Establishes and maintains a proper mask to face seal	1			
Ventilates the patient at the proper volume and rate (700-1000 ml per breath/10-20 breaths per minute)	1			
Candidate ventilated patient prior to connection of supplemental oxygen	C			
Connects the mask to high concentration of oxygen	1			
Adjusts flow rate to at least 15 liters per minute	C			
Continues ventilation of the patient at the proper volume and rate (400-600 ml per breath/10-20 breaths per minute)	1			
Note: the examiner must witness ventilations for at least 30 seconds				
Candidate provided proper volume per breath (Cannot accept more than 2 ventilations per minute below 400 ml)	C			
Candidate provided 10-20 breaths per minute	C			
Candidate allowed for complete exhalation	C			
Candidate completed the station within the 5 minute time limit	C			

Note: Candidate must complete all critical criteria and receive at least 4 points to pass this station.

Total to pass 4 Total 6

COMMENTS:

SUPPLEMENTAL OXYGEN ADMINISTRATION

INSTRUCTIONS TO THE CANDIDATE

This station is designed to test your ability to correctly assemble the equipment needed to administer supplemental oxygen in the prehospital setting. This is an isolated skills test. You will be required to assemble an oxygen tank and a regulator and administer oxygen to a patient using a non-rebreather mask. At this point, you will be instructed to discontinue oxygen administration by the non-rebreather mask and start oxygen administration using a nasal cannula because the patient cannot tolerate the mask. Once you have initiated oxygen administration using a nasal cannula, you will be instructed to discontinue oxygen administration completely. You may use only the equipment available in this room. You have five minutes to complete this station. Do you have any questions?

NOTES

Please print.



SUPPLEMENTAL
OXYGEN
ADMINISTRATION

Pass _____
Fail _____

Candidate _____
Examiner _____ Initials _____
Date _____ Start Time _____ Stop Time _____

	Points:	Possible	Awarded	Comments
Takes, or verbalizes, body substance isolation precautions		C		
Assembles the regulator to the tank		1		
Opens the tank		1		
Checks for leaks		1		
Checks and verbalizes tank pressure		1		
Attaches non-rebreather mask to oxygen		1		
Prefills reservoir		C		
Adjusts liter flow to 12 liters per minute or greater		C		
Applies and adjusts the mask to the patient's face		1		
Note: The examiner must advise the candidate that the patient is not tolerating the non-rebreather mask. The medical director has ordered you to apply a nasal cannula to the patient.				
Attaches nasal cannula to oxygen		1		
Adjusts liter flow to 6 liters per minute or less		C		
Applies nasal cannula to the patient		1		
The examiner must advise the candidate to discontinue oxygen therapy				
Removes the nasal cannula from the patient		1		
Shuts off the regulator		1		
Relieves the pressure within the regulator		1		
Candidate assembles the tank and regulator without leaks		C		
Candidate completed the station within the 5 minute time limit		C		

Note: Candidate must complete all critical criteria and receive at least 8 points to pass this station.

Total to pass 8 Total 11

COMMENTS: